



CPR + AED COURSE PROVIDER SKILLS VERIFICATION FORM

After completing Pacific Medical Training's online CPR+AED course, email this completed form with your instructor's BLS instructor credential to support@pacificmedicaltraining.com. The instructor must hold a valid American Heart Association instructor credential. They will initial each area that has been successfully completed. Please note that the instructor does NOT issue you a new card. Your Pacific Medical Training CPR+AED card is issued directly from Pacific Medical Training.

Basic cardiac life support skills testing for an ADULT

SKILL	PASS	Requires remediation
Recognize lack of normal breathing and unresponsiveness <ul style="list-style-type: none">• Activate the EMS or internal emergency system• Either get or send someone to get the AED		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none">• Compress the chest at least 2 inches• Allow complete chest recoil		
Open the airway using the head tilt/chin lift <ul style="list-style-type: none">• Ventilate successfully using a ratio of 30:2		
Attach and utilize the AED as soon as it arrives <ul style="list-style-type: none">• Continue compressions while the AED charges• Clear for shock• Initiate compressions immediately following shock• Change rescuers performing CPR every 2 minutes or sooner if tired		

Basic cardiac life support skills testing for a CHILD

SKILL	PASS	Requires remediation
Recognize lack of normal breathing and unresponsiveness <ul style="list-style-type: none">• Activate the EMS or internal emergency system• If someone is available, send them to get the AED• If no one is available, begin steps of CPR for 2 minutes, then activate EMS and retrieve the AED		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none">• Compress the child's chest at least 1/3 the depth of the chest wall (about 2 inches) utilizing one hand or two hands depending on the size of the child.• Allow complete chest recoil		
Open the airway using the head tilt/chin lift <ul style="list-style-type: none">• Ventilate successfully using a ratio of 30:2		

Attach and utilize the AED immediately when it becomes available <ul style="list-style-type: none"> Place the AED pads according to pictures on the pads Continue compressions throughout except when advised by the AED If a shock is advised: <ul style="list-style-type: none"> Clear the patient Push the shock button Initiate compressions immediately following the shock Change rescuers performing CPR every 2 minutes or sooner if tired 		
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Basic cardiac life support skills testing for an INFANT

SKILL	PASS	Requires remediation
Recognize lack of normal breathing and unresponsiveness <ul style="list-style-type: none"> Tap or flick the feet to establish responsiveness Activate the EMS or internal emergency system If someone is available, send them to get the AED If no one is available, begin steps of CPR for 2 minutes, then activate EMS and retrieve the AED 		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none"> Compress the infant's chest at least 1/3 the depth of the chest wall (about 1 1/2 inches) utilizing two fingers just below the nipple line or two thumbs side by side encircling the chest wall with your hand Allow complete chest recoil 		
Open the airway using head/tilt chin lift and ventilate with a pocket mask. <ul style="list-style-type: none"> Ventilate successfully using a ratio of 30:2 		
Attach and utilize the AED immediately when it becomes available <ul style="list-style-type: none"> Choose pediatric pads, if available. If not, note that adult pads may be used Place the AED pads according to pictures on the pads Continue compressions throughout except when advised by the AED If shock is advised, immediately resume compressions while AED charges <ul style="list-style-type: none"> Clear the patient Push the shock button Initiate compressions immediately following the shock If no shock is advised, resume chest compressions for 2 minutes Change rescuers performing CPR every 2 minutes or sooner if tired 		

The above information is accurate to the best of my knowledge. The INSTRUCTOR holds a valid American Heart Association BLS instructor credential. The STUDENT has successfully demonstrated the skills listed above.

STUDENT		
_____ Name	_____ Signature	_____ Date
_____ State and license number		

INSTRUCTOR		
_____ Name	_____ Signature	_____ Date
_____ Profession	_____ Specialty	