



PALS PROVIDER SKILLS VERIFICATION FORM

After completing Pacific Medical Training's online PALS course, email this completed form with your instructor's PALS instructor credential to support@pacificmedicaltraining.com. The instructor must hold a valid American Heart Association instructor credential. They will initial each area that has been successfully completed. Please note that the instructor does NOT issue you a new card. Your Pacific Medical Training PALS card is issued directly from Pacific Medical Training.

Basic cardiac life support

SKILL	PASS	Requires remediation
Perform primary survey <ul style="list-style-type: none"> Recognize absence of normal breathing and/or pulse Activate the EMS or internal system If a second person is available, send them to retrieve a defibrillator (or AED if outside the hospital) If a second person is not available; perform CPR for 2 minutes prior to attempting to get the AED or defibrillator 		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none"> Compress the chest 1/3 depth of the chest wall using one hand for a child and two fingers for an infant Allow the chest to recoil completely Change compressors every 2 minutes 		
Open the airway using the head tilt/chin lift <ul style="list-style-type: none"> Ventilate successfully using a ratio of 30 compressions to 2 breaths If two rescuers, ventilate successfully using a ratio of 15 compressions to 2 breaths 		
Once the AED arrives (skip this section if utilizing a defibrillator) <ul style="list-style-type: none"> Continue compressions throughout placement of the pads Stop compressions for analysis If the AED advises a shock, continue compressions while it charges Clear the patient to deliver the shock and immediately resume compressions 		
If utilizing a defibrillator <ul style="list-style-type: none"> Attach combination pads to the patient, in a position appropriate to the size of the child/infant Identify ventricular fibrillation/pulseless ventricular tachycardia 		

<ul style="list-style-type: none"> • Deliver a shock at 2 joules/kg, then 4 joules/kg if the rhythm persists, increase subsequent shocks by 2 joules/kg, max 10 joules/kg or adult dose • Immediately continue compressions following defibrillation • If bradycardia is present <ul style="list-style-type: none"> ○ Place and utilize the external pacemaker appropriately ○ Administer appropriate medications 		
Initiate intravenous/intraosseous access <ul style="list-style-type: none"> • Administer epinephrine at appropriate dose and time intervals • Administer lidocaine/amiodarone at appropriate dose and time intervals 		
Search for a reversible cause of cardiac arrest		

Shock

SKILL	PASS	Requires remediation
Perform primary survey		
Recognize ineffective or absent breathing. <ul style="list-style-type: none"> • Open the airway using head tilt/chin lift • Ventilate using a Bag Valve Mask at a rate of at least 30/minute for infants and 25/minute for children 		
Recognize signs and symptoms of hypovolemia <ul style="list-style-type: none"> • Administer an isotonic solution in the form of a 10-20 ml/kg bolus according to clinical presentation. 		

The above information is accurate to the best of my knowledge. The INSTRUCTOR holds a valid American Heart Association PALS instructor credential. The STUDENT has successfully demonstrated the management of a Pediatric cardiac arrest patient who presents with pulseless ventricular tachycardia and/or ventricular fibrillation and the pediatric patient who presents with shock.

STUDENT		
_____	_____	_____
Name	Signature	Date

State and license number		
INSTRUCTOR		

<div></div> <div>Name</div>	<div></div> <div>Signature</div>	<div></div> <div>Date</div>
<div></div> <div>Profession</div>	<div></div> <div>Specialty</div>	